

## INFORMED CONSENT FOR THE STUDY CLUB

*Kathryn McNeer*

*Highland Park Place  
4514 Cole Avenue  
Dallas, Tx 75206*

### **Welcome!**

I am so thrilled you decided to be a member of our Study Club. It is important to be clear about the nature of this educational group experience. Please read the information below and raise any questions that you may have so that we can discuss them. **Then please make sure to sign the "Agreement for The Study Club" so I (Kathryn McNeer) will have in my records indication that you have received, read, and agreed to the information provided.**

### **This is not therapy.**

You understand that this group experience is purely “educational” in design and purpose, and is not “therapeutic” (i.e., **it is NOT a replacement for individual therapy or for group therapy**). In these educational group sessions, I will serve as the facilitator and present to attendees scientific and theoretical material that is applicable to various life circumstances and problems, and there will be ample time for discussion. We will read and converse, learn from each other; If issues arise that are not suitable for this educational experience, you may benefit from formal psychotherapy and you agree to consult with another mental health professional. You realize that psychotherapy services are entirely distinct and separate from the, The Study Club group experience.

### **Risks**

Participating in educational group experiences can have benefits and risks. Education groups have been shown to have many benefits, including the experience of insight, increased understanding, and positive feelings. However, since The Study Club may involve discussing many parts of your life, including, at times, the unpleasant aspects, you may also experience uncomfortable feelings. You should be aware that this education group may or may not lead to direct improvements in your life. You should also be aware that if The Study Club induces change in your life, these changes may disrupt your accustomed manner of living and your relationships with others.

### **Your Rights**

The Study club is entirely voluntary, and you have the right to terminate your experience at any time. Please be advised that I also reserve the right to terminate your involvement in the Study club if recommended consultations are not obtained, or if some problem emerges that is not within the scope of my competence.

### **Protecting the Confidentiality of Other Attendees**

With full understanding of the need for confidentiality (that is, privacy) for all attendees, you accept these following rules: (1) You will not disclose personal information about other attendees to anyone; (2) other information (such as phone numbers) can be exchanged between attendees only on a person-to-person basis; (3) any activity between attendees outside of The Study Club group experience is solely based on the choice of these attendees and is not the responsibility of the facilitator. You understand that you cannot be absolutely certain that other attendees will always keep what you say in the sessions confidential even though every attendee has agreed to secrecy..

1. **LIMITS OF CONFIDENTIALITY:** Discussions between clients and Facilitator are confidential, It is the policy of The McNeer Group not to release any information about a group member without a signed release to do so to a specific individual or organization. Exceptions are:
  - 1.1) Signed authorization by group member to communicate information to a person or organization
  - 1.2) Facilitator determines that you are a danger to yourself or others
  - 1.3) There is disclosure of abuse or neglect of minors, elders, and/or disabled persons
  - 1.4) Court order or requirement by law to disclose information
  - 1.5) Facilitator (Kathryn McNeer) determines client is unable to care for self and additional help is needed for physical and emotional safety.
  - 1.6) There is disclosure of prenatal exposure to controlled substances

### **The Study Club Cost/Fees**

The Group Member agrees to pay the Study Club Fee of \$295, in its entirety by October, 6<sup>th</sup>. The initial payment of \$1475.50 is required to hold your spot and is non refundable. The \$295 covers the cost of 6 hours of The Study Club sessions. [Payment may be made on online](#) or through Venmo- @Kathryn-McNeer, please make sure to send private mode!

### ***Agreement for The Study Club***

As an attendee I declare that I have read, understand and agree to abide by this “Informed Consent for, The Study Club.”

### **Facilitator**

Signed: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Group member**

Signed: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_